

GUNGNIR

The Group

Group training free weight system



A system with solid steel barbells long-lasting plates and a compact storage rack

For strength-based group training



The innovation is in the details



Fast and efficient

Members can change
and secure plates in
an instant



Tidier floors

No clips and collars
lying around in the
class



Safer and stable

SlideLocks keep plates
locked in place without
loosening mid set

Built-in
collars



Smooth, uninterrupted sessions with rapid plate-switching

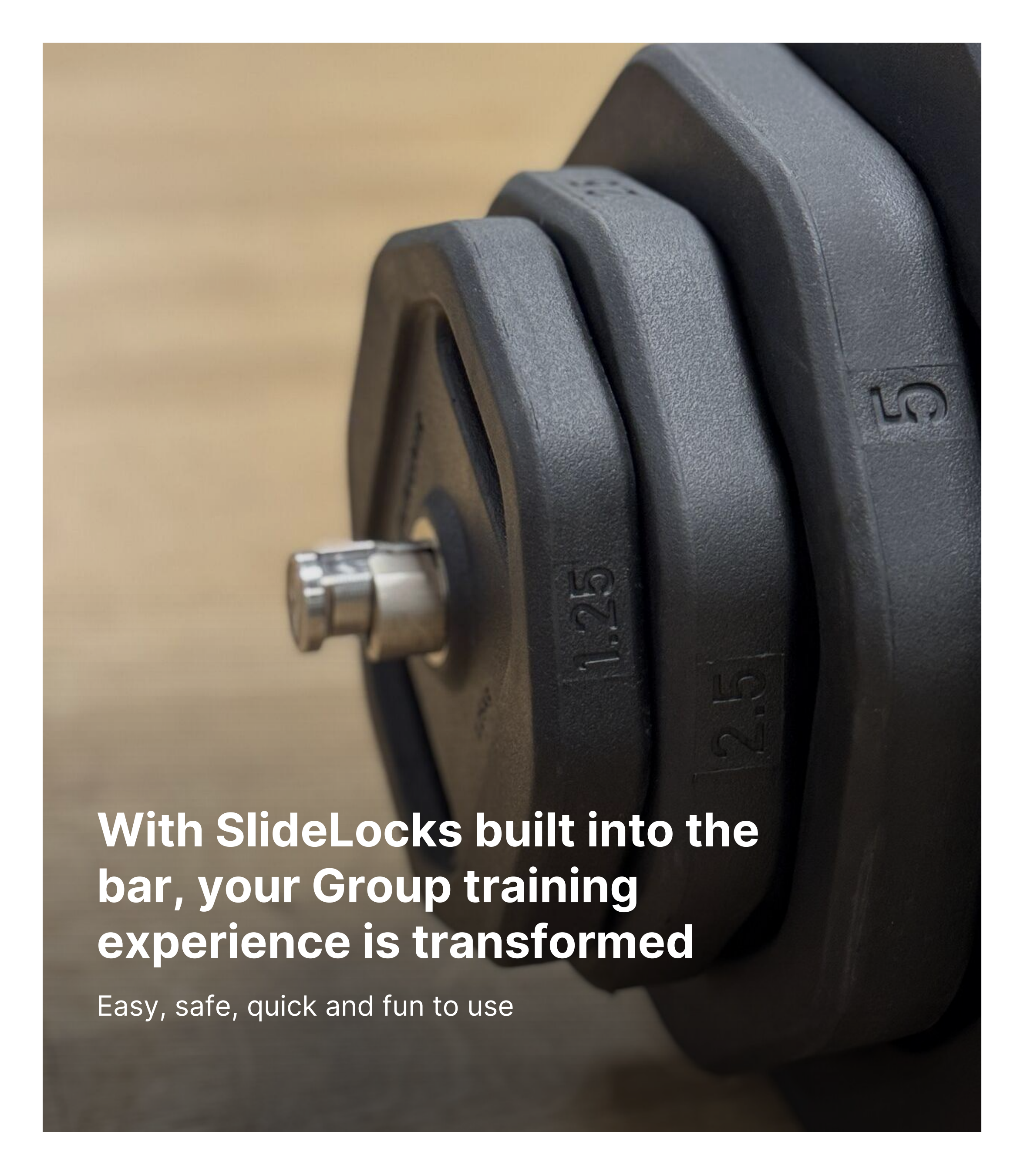
Switch plates in seconds



A woman with dark curly hair in a braid, wearing a light-colored sleeveless top and black leggings, is shown in profile lifting a large black hexagonal dumbbell. She is in a gym setting with other people and equipment visible in the background. The lighting is bright and even.

Double the weight double the variation

With up to **80kg** capacity on the bars



**With SlideLocks built into the
bar, your Group training
experience is transformed**

Easy, safe, quick and fun to use

Small footprint

More space to move





The Group specs

Rack specs

Weight	27 kg
Height	134 cm
Width	84 cm
Depth	74 cm
Material	Steel
Coating	Black powder
Weight capacity	500 kg
Warranty	3 years

Plate specs

Type	25,6 mm group training plates
Material	PU
Hub Material	Stainless steel & recycled iron
Use	Commercial
Warranty	3 years
Weight	0.5 kg, 1.25 kg, 2.5 kg, 5 kg, 10 kg
Sold as	pairs

Bar specs

Type	Group training barbell
Material	Stainless steel
SlideLock	Stainless steel
Use	Commercial
Warranty	3 years
Weight	5 kg
Diameter	25 mm
Grip width	100 cm
Length	141 cm

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